

# BEFORE & AFTER

The following table reveals the case study athlete's joint motion (in degrees) during his initial evaluation, and after nine months of treatment. Optimal values are also shown.

<b>Joint</b>	<b>Initial</b>	<b>After Treatment</b>	<b>Optimal</b>
R 1st MTP Extension	25	50	60
L 1st MTP Extension	50	55	60
R Talocrual	-4	7	15
L Talocrual	0	9	15
R Hip Int. Rotation	20	25	30
L Hip Int. Rotation	12	25	30
R Hip Ext. Rotation	50	60	60
L Hip Ext. Rotation	50	60	60